URIC ACID IN MEAT

May Save You From Dread Attack

Rheumatism is easier to avoid than to cure, states a well-known authority. We are advised to dress warmly; keep the feet dry; avoid exposure; eat less meat, but drink pleuty of good water. The meat is a direct result of eat the feet are the feet dry; avoid exposure; eat less meat, but drink pleuty of good water. The meat is a direct result of eat the feet dry; avoid exposure; eat less meat, but drink pleuty of good water. The meat are drived in the pleuty of good water. The meat is a direct result of eat the feet dry; avoid exposure; eat less meat, but drink pleuty of good water. The meat is a direct result of eat the feet dry; avoid exposure; eat less meat, but drink pleuty of good water. The meat is a direct result of eat the feet dry; avoid exposure; eat less meat, but drink pleuty of good water. The meat is a direct result of eat the feet dry; avoid exposure; eat less meat, but drink pleuty of good water. The meat is a direct result of eat the feet dry; avoid exposure; eat less meat, but drink pleuty of good water. The meat is a direct result of eat the feet dry; avoid exposure; eat less meat, but drink pleuty of good water. The meat is a direct result of eat the feet dry; avoid exposure; eat less meat, but drink pleuty of good water. The meat is a direct result of eat the feet dry; avoid exposure; eat less meat, but drink pleuty of good water. The meat is a direct result of eat the feet dry; avoid exposure; and the feet dry; and the feet dry; and the feet dry; and the feet

met, but drink pleunly of good water, which is pleunly of good

to that part of the city took a row boat at Winter and rowed up Mill to Summer street. The back water come up on High street, reaching just to the side.

School matters are again n little ex-

But the flood of 1890 was nothing compared to the grentest of all floods, which began late in December of 1861. A steambout came up State street and fied up right in front of the Pirst Methodist church, according to Judge P. H. D'Arcy, and the judge knows as he was here at the time and saw the steambout coming up the street. In fact the water extended over State and Court streets as far east as Cottage.

Among all the remedies in Daniel J. AT STOMACH MISERY
Methodist in front of the Pirst
Methodist church, according to Judge
P. H. D'Arcy, and the judge knows as
he was here at the time and saw the
stemboat coming up the street. In
fact the water extended over Stare and
Court streets as far cast as Cottage
street. All those who were driven from
tacir houses or in danger, went to what
was then known as the old Institute,
located on the site of the Willametre
university gymnasium. Where the
Court partments now stand, was a
filod was deep enough to swim a horse.

Following the flood came a deep snow
staying on the ground six weeks and
the wenther was bitter cold. A company of soldiers was stationed here
during the flood under command of

AT STOMACH MISERY

Action and effort are two important
action and are fundamental to the attainment of knowledge.
Mr. Bower, a former minister of Salem, but more recently returned from
a two years' sojourn in Nome, Alaska,
where he was a missionary to the Esgammaux, spoke in chanel this morning
to the stident body and faculty.

Miscall and effort are two important
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Mr. Bower, a former minister of Salem, but more recently returned from
a two years' sojourn in Nome, Alaska,
where he was a missionary to the Esgammaux, spoke in chanel this morning
to the stident body and faculty.

Mis talk was largely historical and
was listened to attentively by all, as he
presented his subject in such an interwhich was found by James Brewster,
an employe of the Santa Fc, has been
in the water ten days.

The Markets

Action and effort are two important
action and are fundamental to the attainment of knowledge.

Mr. Bower, a former minister of Salem, but more recently returned from
a two years' sojourn in Nome, Alaska,
where he was a missionary to the Esgammaux, spoke in chanel this morning
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His talk was largely historical and
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presented his subject in such an interwhich was found by Jame

STOP CATARRH! OPEN NOSTRILS AND HEAD

Captain Jenk Harding.

hawking, sunffinf, blowing; so more headache, dryness or struggling for breath. Elly's Cream Balm is just what anfferers from head colds and eatarrh need. It's a delight.

DISCOVERS NEW EXPLOSIVE

Los Angeles, Cat., Feb. 10.— Dr. G. V. Heyl, of Los Angeles, a chemist, declared today he had perfected a new and powerful explosive which would be of great value to america in the event of war. The base of the explosive is a California mineral

TRY JOURNAL WANT ADS.

A PLEA for AID

+

should not be ignored. Watch for any symptoms of distress and immediately help Nature by trying

Livesley News

(Capital Journal Special Service.)

Quartette

J. Watson Dialogue, "A Matrimonial Advertise-ment,"

walk of State, in front of the Oregon
Electric station.
But the flood of 1890 was nothing
compared to the greatest and are causing an exchange of views.

furing the flood under command of troubles, should take advantage of this number of relics which he had collected. chance to be made well without any some of which are of great value.

risk of spending their money to no purpose. Miona will relieve you, will regulate the digestion, will enable you be played on Friday evening at the to eat what you want. If it does not do all this it will not cost you a cent. Daniel J. Fry has sold hundreds of boxes of Miona in the last few weeks and love the control of the cost you are the first weeks.

The freehouse which he had collected, some of which are objected without the played on Friday evening at the played

at High and Ferry

The Websterian program for this evening has for its main consideration, a debate on 'Resolved, That President Wilson's preparedness policy ongineer's records, the street is 35.55 feet above low water mark. The river guage of low water and the city guage of low water and the city guage of low water and the city guage of low water would erose the city engineer's figures, a river guage of low water would erose High and Forry streets, just in the rear of the Electric depot.

According to the city engineer's figures of the city engineer's figures of the city engineer's record the city engineer's figures a river guage of low will be set aside as a day of prayers for colleges and no classes reached before water would cross High and Forry streets, just in the rear of the Electric depot.

According to the city engineer's figures of colleges and no classes the city engineer's figures a river guage of low will be set aside as a day of prayers for colleges and no classes the city engineer's figures a river guage of low colleges and no classes the city engineer's figures a river guage of low will be set aside as a day of prayers for colleges and no classes will be held, instead the classes will be to the undersigned at the regular chapel time when Dr. Chas.

According to the city engineer's the city engineer's the city of the city wards the newly elected officers will be common to determine the will be accounted to the city wards the newly elected officers will be common to the city of the city wards the newly elected officers will be common to the city of th

the Electric depot.

According to the city engineer's records, Commercial street is 44 feet above the city's low water mark. Trade street at Front, is 40 feet above, Perry 45 feet, Court and Front 44 feet, and Chemeketn and Front 45 feet, and Chemeketn and Front 45 feet above low water mark. According to the river gange, the water would have to be exactly 2.05 feet above these records before reaching the streets.

The flood of 1909 brought the water character forms destiny.

The flood of 1909 brought the water character forms destiny. 11.2 feet above zero, bringing it up the Stoumeh, Liver or Bowels into the Spaulding Lumber Co.'s yard. I not be ignored. Watch for any As the yard has been filled in about a foot, the water would have to reach a gauge of 32 feet before covering any

> New Today ads costs you less than you think-worth more than you

WILLAMETTE NOTES

Prof. C. S. Sherman, head of the de-BRINGS RHEUMATISM

Livesley, Ore, Feb. 6.—The Literary society had a fine program for their meeting last Friday evening. The full house enjoyed a good entertainment of education, gave an intermediate of the department of the department of education. The Mission of Education is the chapel of Waller hall house enjoyed a good entertainment for education, in the chapel of Waller hall house enjoyed a good entertainment of education. The Mission of Education is the chapel of Waller hall house enjoyed a good entertainment of education, gave an interpretation in the chapel of Waller hall house enjoyed a good entertainment of education, gave an interpretation in the chapel of Waller hall house enjoyed a good entertainment of education, gave an interpretation in the chapel of Waller hall house enjoyed a good entertainment of education. The Mission of Education is the chapel of Waller hall house enjoyed a good entertainment of education. The Mission of Education is the chapel of Waller hall house enjoyed a good entertainment of education is the chapel of Waller hall house enjoyed a good entertainment of education in the chapel of Waller hall house enjoyed a good entertainment of education in the chapel of Waller hall house enjoyed a good entertainment of education in the chapel of Waller hall house enjoyed a good entertainment of the chapel of Waller hall house enjoyed a good entertainment of the chapel of Waller hall house enjoyed a good entertainment of the chapel of Waller hall house enjoyed a good entertainment of the chapel of Waller hall house enjoyed a good entertainment of the chapel of Waller hall house enjoyed a good entertainment of the chapel of Waller hall house enjoyed a good entertainment of the chapel of Waller hall house enjoyed a good entertainment of the chapel of Waller hall house enjoyed a good entertainment of the chapel of Waller hall house enjoyed a good entertainment of the chapel of Waller hall house enjoyed a good entertainment of the chapel of Waller hall house enjoyed a good entertainment of t

on last evening.
The crying need of Willamette university and other colleges is the assuming by the individual student of intellectual responsibility. The professor's J. Gerber, N. Carpenter, C. D. Query, address showed the work of years in the working out of details, and was a masterful production, Some of the ideas presented in the

teach them a trade; consequently the manual training departments in high schools are in the right direction of progress.

Action and effort are two important



ONION SETS WANTED IN CARLOAD LOTS

Old Timers Recall
Real Flood in Salem

The flood yesterday with it 25 feet above low water mark is not much of a flood, according to the old timers in Salem who remember the floods of 1890 and 1861.

In 1890, the Dan J. Fry warehouse on Front street, between Trade and flerry, was just on the edge of the river bank and during the flood of that year, steamboats tree-up to a maple tree standing in front or time warehouse.

This was also the year that the bridge was washed out. During that the bridge was washed out. During that flood, the back water came up on Mill creek as far as Twelfth street and the eight look a row boat at Winter and rowed on Mill to Sun.

The flood yesterday with it 25 feet above low water mark is not much of 1890, the Dan J. Fry warehouse.

The flood yesterday with it 25 feet above low water mark is not much of 1890, the Dan J. Fry warehouse on Front street, between Trade and flood, the three was carried down the river some than the public was washed out. During that flood, the back water came up on Mill creek as far as Twelfth street and the eight low was a like. Business men going home to that part of the city took a row boat at Winter and rowed on Mill to Sun.

The high water canned on the logic of the sun was a like. Business men going home to that part of the city took a row boat at Winter and rowed on Mill to Sun.

The high water canned some of the nucleus of degmotism; and errites much the nucleus of change. These facts cause intellectual education is the first in the point of importance. Moral education is the climate of the soul. Mary Bargelt, Mary Dovle, Mr. and Mrs. C. Lank. Moral education is the climate of the soul. Mr. and dring the min lots that will be im, the nucleus of deamontal education is the first in the point of importance. Moral education is the climate of the soul. Mills the climate of the soul. During the min lots that will be matter was the found in the parent. In sex education the cliff of the soul. The horse belonging to Mrs. G. W. Rolling the min lots that will

an altruistic nature. Religion is an emotion guided by thought and worked out in action. It is a matter of contagion which appeals to the feelings and a conclusively demonstrations. and emotions.

Vocational education is becoming an important subject, and should be so, for it is the duty of the state to do r it is the duty of the state to do r mates with a much less loss due to waste.

BODY FLOATING IN BAY

Oakland, Cal., Peb. 10.-The body of

THE MARKETS

The following prices for fruits and vegetables are those asked by

n	
	Grains.
ed sel	Clover hay \$12.00
he er-	Butter.
ill	Butterfat32

A Skin of Beauty is a Joy Foreve DR. T. FELIX GOURAUD'S ORIENTAL



Classified Advertising Page

small amounts of produce from the farmers and ship in carload lots.

Several farmers, living in the vicinity of Salem, have receasily been in conference with manager O. H. Luck, of the commercial club, with reference to the sale of onion sets. The farmers wanted to know if there was a market and want price would be offered.

Mr. Luck at once entered into correspondence with several of the largest seed houses in Chicago, and received by return mail answers from all firms written, stating they were in the market for onion sets, but in order to seems favorable freight rates, could use them only in car lots, about 30,000 pounds.

The W. W. Barnard Seed Co., of Chicago, wrote they were in the market for bright rates, well use them only in car lots, about 30,000 pounds.

The W. W. Barnard Seed Co., of Chicago, wrote they were in the market for bright rates, even the market for bright rates.

PORTLAND MARKET

Portland, Ore., Fab. 10.—Wheat: Club, 94@98c. Bluestem. \$1.07@1.10. Fortyfold, 97e@\$1.00. Russian Red, 95c@\$1.02. Onts: No. 1 white feed, \$26.75 @

Barley, feed, \$29.00@20.00. Hogs, best live, \$8.05. Prime steers, \$7.507.75. Fancy cowa, \$6.50@0.75. Calves, \$7.00@8.00. Spring lambs, \$8.75. Butter, city creamery, 34c. Eggs, selected local ex., 32@ 33c. Hens, 15@10c. Brotlers, 15@16c. Geese, 10@ He.

Get prices on commercial printing at The Capital Journal office.

The readers of this paper will be pleased to learn that there is at least one dreaded disease that selence has been able to cure in all its stages, and that is Catarrh. Hall's Catarrh Cure is the only positive cure now known to the medical fraternity. Catarrh being a constitutional disease, requires a constitutional reatment. Hall's Catarrh Cure is taken internally, acting directly upon the blood and mucous surfaces of the system, thereby destroying the foundation of the disease, and giving the patient strength by building up the constitution and assisting nature in doing its work. The proprietors have so much faith in its curative powers that they offer One Hundred Dellars for any case that it falls to cure. Send for list of testimomials.

Address: F. J. CHENEY & CO. Toledo, O. Sold by all Druggists, 75c.

Take Hall's Family Pills for e istipation 4 \$100 Reward, \$100 .



LEGAL NOTICES

Says Cream Applied in Nostrils
Relieves Head-Colds at Once.

If your nostrils are elogged and your head is stuffed and you can it breather freely because of a cold or catarrh, jost get a small bottle of Ely's Cream Balm at any drug store. Apply a little of this fragrant, antiseptic cream into the your nostrils and let it penetrate they want is relief and they can get a small bottle of Ely's Cream and the swelf describing their condition. What through every air passage of your head, sooting and healing the inflamed, sooting and healing the inflamed, sooting and healing the inflamed, sooting and healing the inflamed sooti

duly verified to the undersigned at Brooks, Oregon, or to Carey P. Martin, Attorney for said Estate, 413 Masonic Temple Building, Salem, Oregon, with-in aix months from the date of this

Dated, January 18, 1916. B. F. RAMP, Executor of the Last Will and Telta ment of Mary A. Ramp, Decensed. CAREY F. MARTIN, Attorney for Estate, Jan. 21-27 Feb. 3-10

EXECUTOR'S NOTICE

CLEANERS AND DYERS

APPAREL SERVICE COMPANY-133 South High street. We clean, press, repair, remodel and re-line clothing and furs. Careful attention given all work. We call and deliver. Phone 728.

DR. O. A. OLSON, DENTIST Administers Nitrous Ozid and Ogygen Phone440.

DENTISTS

MISCELLANEOUS NOTICE-J. C. O'Reiley and W. L. FURNISHED APARTMENTS - For Baker, of the Modern Shoe Repair rent, very reasonable. Phone 1995. company have dissolved partnership. Signed. W. I. Baker.

MARKET GARDNERS-Experienced Vegetable gardner, out and indoors, wants work. References. Or farm work; teaming, etc. M. G., care of Journal.

CALL US-1022, Fixit Shop, Ask about repair work in general. Don't forget we do nig cleaning also. Ashmon-Buckner, 261 Court street. Sa-Feb19 lem, Oregon.

GOOD USED FURNITURE—Bought and also taken in exchange. Full line new furniture, ranges, heaters and other house furnishings. Some walnut pieces. Peets Furniture Co., 233 North Commercial street. Phone

LODGE DIRECTORY

A. O. U. W.—Protection Lodge No. 2.

Meets every Monday evening at 8 in the McCornnek hall, corner Court and Liberty streets, R. O. Donaldson, M. W.; S. A. McPadden, recorder;

A. J. Rosen, Proposite. A. L. Brown, Financier.

SALEM LODGE No. 4, A. F. & A. M. Stated communications first Friday in each month at 7:30 p. m. in the Masonic Temple, Chas. M. Carter, W. M.; S. Z. Culver, secretary. PACIFIC LODGE No. 50, A. F. & A. M.

Stated communications third Friday in each month at 7:30 p, m. in the Masonic Temple. Hal V. Bolam, W. Masonic Temple. Hal V. Bolam, M.; Ernest H. Choate, secretary.

SALEM HUMANE SOCIETY—D. D. Keeler, president; Mrs. Lou Tillson, secretary. All cases of cruelty or neglect of dumb snimals should be reported to the secretary for investi-B. N. OF A.—"Oregon Grape Camp," No. 1350, meets every Thursday evening in McCornack building, court and Liberty streets; elevator. Mrs. Sylvia Schaupp, 1791 Market, oracle; Mrs. Melissa Persons, recorder, 1296 North Commercial. Phone 1436-M.

DE MOLAY COMMANDERY, No. K. T.—Regular conclave fourth Friday in each mouth at 8 o'clock p. m., in Masonic Temple. Sojourning Sir Knights are courteously invited to meet with us. Lot L. Pearce, E. C.,

CENTRAL LODGE No. 18, K. of P.-McCornack building. Tuesday even-ing of each week at 7:30. F. F. Scaram, C. C.; W. B. Gilson, K. of R.

CHADWICK CHAPTER, No. 37, O. E. S.—Regular meeting every first and third Tuesday at 8 p. m. in the Ma-sonic Temple. Minnie Moeller, W. M.: Ida M. Babcock, secretary.

WOODMEN OF THE WORLD-Meet every Friday night at 8 o'clock in McCornack block B, W. Maccy, C. C.; L. S. Geer, clerk. 507 Court street. Phone 593. MULTNOMAH ROYAL ARCH CHAP TER, No. 1, R. A. M.—Regular meeting second Friday in each month at

p. m. in the Masonie Temple. Ray Richardson, Ex. High Priest; Russell M. Brooks, secretary. MODERN WOODMEN OF AMERICA -Oregon Cedar Camp, No. 5246, meets every Thursday evening at 8 o'clock in McCornack hall corner Court and Liberty streets. Elevator service. W. W. Hill, V. C.; Rex. A.

Turner, clerk, UNITED ARTISANS-Capital Assem bly, No. 84, meets every Wednesday, at 8 p. m. in Moose hall. C. O. Mat-lock, M. A.; C. Z. Randall, secretary, Salem Bank of Commerce.

HODSON COUNCIL, No. 1, R. & S. M.
—Stated assembly first Monday in
each month, Masonic Temple. N. P.
Rasmussen, Thrice Illustrious Master; Glean C. Niles, recorder.

DRS. B. H. WHITE and R. W. WAL-TON — Osteopathic physicians and nerve specialists, Graduates of Amer-ican School of Osteopathy, Kirks-ville, Mo. Post graduate and special-ized in nerve diseases at Los Angeles college. Treat scute and chronic Mocollege. Treat acute and chronic discases. Consultation free. Lady attendant. Office 505-506 U. S. Na tional Bank Building, Phone 859, Residence 346 North Capital street.

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DR. D. B. GRIFFIN—Drug and drink cure. 1425 Fir street, near Meyers street. Phone 1037J.

FOR RENT

rent, very reasonable. Phone 1995,

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POR SALE-Fresh young Jersey cow. 771 North Commercial. Febl1

FOR SALE_A few Rhode Island White Cockrels. Eggs \$1.50 and \$2.00 for 15. Booking orders to saip later. State when. Jan. Olmstead, McMinn-ville, Oregon. Mari ville, Oregon.

POR SALE—Or exchange, 840 acres well improved sandy loam, Nebraska farm. Will take ten or more acres in exchange. Square Deal Realty Co., 304 U. S. Bank Bidg.

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SALEM SCAVENGER—Charles Soos, proprietor, Garbage and refuse of all kinds removed on monthly contracts at reasonable rates, Yard and cesspools cleaned. Office phone Main 2247, Residence Main 2272.

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WEBB & CLOUGH CO.—C. B. Webb, A. M. Clough morticians and funeral directors. Latest modern methods known to the profession employed. 499 Court street. Main 120, Main 988.

RIGDON-RICHARDSON CO.—Funeral directors and undertakers, 252 Norta

High street. Day and night phone

WATER COMPANY SALEM WATER COMPANY-Office corner Commercial and Trade streets. For water service apply at office.

L. M. HUM

Care of YICK SO TONG Chinese Medicine and Tea Company

Has medicine which will cure any known disease.

153 South High Street, Salem, Ore. Phone 283.

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STOVE WORKS

R. B. FLEMING, Prop. Depot American Fence

Gates, Plain and Barbed Wire.

Paints, Offs and Varnishes. Roofing, Posts, Hop Hooks. 40 Years Making Stoves

Stoves rebuilt and repaired.

Stoves bought and sold. 250 Court Street. Phone 124 Back of Chicago Stora. ------

THE DAILY CAPITAL JOURNAL

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n- he	T. M. Barr, 164 South Commercial Street	
er-	Salem Trifek & Dray Co., corner State and Front streets	Main 74

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A Quick, handy reference for busy people

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mn-	T. M. Barr, 164 South Commercial Street TRANSFER AND DRAYAGE	
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